Concussion Management

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Course Description

Course Objective: Discover evaluation protocols to monitor concussion progress. Apply adjusting techniques to reduce concussion symptoms.

4 Hours Technique

HOUR 1
- Recognize concussion signs and symptoms.
- Differentiate concussion grades.
- Identify anatomical structures related to concussions.
- Describe pathophysiology as it relates to concussions.

HOUR 2
- Determine appropriate exam procedures for diagnosing concussions.
- Apply diagnostic skills to on-field and clinic settings.
- Interpret diagnostic tests to evaluate concussion progress.
- Design treatment plans based on exam findings.

HOUR 3
- Demonstrate manual manipulation techniques to address concussion symptoms.
  - adjusting first cervical
  - adjusting the cranium
- Apply traction techniques to reduce concussion symptoms

HOUR 4
- Compare pre- and post-treatment findings to support care plans.
- Incorporate nutritional support for improved concussion progress.
- Utilize brain therapy programs to rebuild nerve function.
- Apply exercise therapy to stimulate neogenesis.